LUNCH MENU • NOVEMBER 2026

Special Education Services, Washington, DC

ST. COLETTA OF GREATER WASHINGTON
Special Education & Adult Services

Monday	Tuesday	Wednesday	Thursday	Friday
11/2/2026	**11/3/2026**	**11/4/2026**	**11/5/2026**	**11/6/2026**
Chicken Taquitos	Italian Turkey Baked Ziti	Pizza (Cheese or Meat)	BBQ Chicken	Cheeseburger
Sausage and Peppers	Tuna Sandwich	Broccoli	Turkey Grilled Cheese	Pesto Primavera Pasta
Yellow Squash	Broccoli	**Hearty Soup Wednesday**	Steamed Green Beans	Broccoli Medley
Glazed Carrots / Pinto Beans	Green Peas	Chicken Tortilla Soup	Sautéed Cabbage	Seasoned Fries
Yellow Rice	Garlic Bread	Tortilla Chips	Mac and Cheese	Strawberry Parfait
11/9/2026	**11/10/2026**	**11/11/2026**	**11/12/2026**	**11/13/2026**
Beef Mac and Cheese	Taco Tuesday	**MD & VA STUDENTS ONLY**	Roasted Chicken	Beef Ravioli
Chicken Salad Sandwich	Chicken Quesadilla	Turkey & Cheese Sandwich	Turkey Ham Melt	Italian Turkey Cold Cut
Steamed Peas	Taco Beef Nacho Bowl	Sunbutter & Jelly Sandwich	Green Peas	Green Peas
Steam Carrots	Spanish Rice / Pinto Beans		Glazed Baby Carrots	Baby Carrots
Cole Slaw	Mexican Inspired Corn / Black Beans		Mashed potatoes	Garlic Bread
11/16/2026	**11/17/2026**	**11/18/2026**	**11/19/2026**	**11/20/2026**
Meatballs	Chicken Alfredo	Pizza (Cheese or Meat)	Thanksgiving Celebration	Sloppy Joes
Honey Roasted Turkey Wrap	Pulled Brisket Sandwich	Broccoli	Roast Turkey / Ham	Chicken Tenders
Green Beans	Green Beans	**Street Eats**	Green Beans	Waffle Fries
Black Eyed Peas	Lima Beans	Turkey Panini	Mashed potatoes	Broccoli Medley
Mashed Potatoes	Caesar Salad	Cole Slaw	Sweet Potato Pie	Apple Churros
11/23/2026	**11/24/2026**	**11/25/2026**	**11/26/2026**	**11/27/2026**
Chicken Baked Ziti	Pizza (Cheese or Meat)			
Grilled Cheese	Broccoli			
Yellow Squash	**Street Eats**			
Glazed Carrots	Chicken Nuggets			
Garlic Bread	Seasoned Fries			
11/30/2026				
Sweet Sour Chicken				
Grilled Cheese				
Broccoli				
Asian Egg Noodles				
Egg Roll				

Metz CULINARY MANAGEMENT

- Meals Include: Fresh Fruit, Apple Sauce, Garden Salad, 1% or 2% Milk, Low-Fat Yogurt
- Grain products are at least 50% whole grain.
- Turkey Sandwich or Sun butter & Jelly Sandwich can be a daily substitution

NUTRITIONAL AND INGREDIENT INFORMATION