BREAKFAST MENU • NOVEMBER

ST. COLETTA
OF GREATER WASHINGTON
Special Education & Adult Services

Monday	Tuesday	Wednesday	Thursday	Friday
11/2/26	**11/3/26**	**11/4/26**	**11/5/26**	**11/6/26**
Croissants	Pancakes	Cheese Omelet	English Muffin	French Toast
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage Link
Cream of Wheat	Apple Cinnamon Oatmeal	Cheese Grits	Strawberry Oatmeal	Cream of Wheat
11/9/26	**11/10/26**	**11/11/26**	**11/12/26**	**11/13/26**
Biscuit	Apple Strudel	**MD & VA STUDENTS ONLY**	Cinnamon Bagel	Strawberry Muffin
Turkey Sausage	Pork Sausage	Breakfast sandwiches:	Cheese Grits	Cheese Grits
Cream of Wheat	Cream of Wheat	Egg, sausage, cheese	Cream of Wheat	Cream of Wheat
11/16/26	**11/17/26**	**11/18/26**	**11/19/26**	**11/20/26**
Croissants	French Toast	Scrambled Eggs	Apple Cinnamon Strudel	Pancakes
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage
Cream of Wheat	Cream of Wheat	Cheese Grits	Apple Cinnamon Oatmeal	Cream of Wheat
11/23/26	**11/24/26**	**11/25/26**	**11/26/26**	**11/27/26**
Honey Butter Biscuits	Waffles			
Turkey Sausage	Pork Sausage			
Cream of Wheat	Maple Cinnamon Oatmeal			
11/30/26				
English Muffins				
Turkey Sausage				
Cream of Wheat				

Metz
CULINARY MANAGEMENT

Grain products are at least 50% whole grain.

NUTRITIONAL AND INGREDIENT INFORMATION