

BREAKFAST MENU • SEPTEMBER 2026

Special Education Services, Washington, DC



Monday 8/31/26	Tuesday 9/1/26	Wednesday 9/2/26	Thursday 9/3/26	Friday 9/4/26
Croissants	Pancakes	Cheese Omelet	English Muffin	French Toast
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage Link
Cream of Wheat	Maple Cinnamon Oatmeal	Cheese Grits	Strawberry Oatmeal	Cream of Wheat
9/7/26	9/8/26	9/9/26	9/10/26	9/11/26
No School	Apple Strudel	Cheese Omelet	Cinnamon Bagel	Waffles
 HAPPY LABOUR DAY	Pork Sausage	Turkey Bacon	Cheese Grits	Pork Sausage Link
	Cream of Wheat	Grits	Cream of Wheat	Creamy Grits
9/14/26	9/15/26	9/16/26	9/17/26	9/18/26
Honey Butter Biscuits	Hash Browns	Scrambled Eggs	Cinnamon Strudel	Pancakes
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage
Strawberry Oatmeal	Cream of Wheat	Cheese Grits	Maple Cinnamon Oatmeal	Maple Cinnamon Oatmeal
9/21/26	9/22/26	9/23/26	9/24/26	9/25/26
Croissants	Waffles	Cheese Omelet	Biscuits	French Toast Sticks
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage Link
Cream of Wheat	Maple Cinnamon Oatmeal	Cheese Grits	Oatmeal	Cream of Wheat
9/28/26	9/29/26	9/30/26		
English Muffins	Corn Beef Hash	Cheese Omelet		
Turkey Sausage	Grits	Turkey Bacon		
Cream of Wheat	Cream of Wheat	Cheese Grits		



Grain products are at least 50% whole grain.

NUTRITIONAL
AND
INGREDIENT
INFORMATION

