

LUNCH MENU • JULY 2026

Special Education Services , Washington, D.C.



Monday 6/29/26	Tuesday 6/30/26	Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
		Pizza (Cheese or Meat) Broccoli Caesar Salad Day Chicken Caesar Sandwich Garden Salad	America's Lineup Cheeseburgers Cheese Ravioli Baked Fries / Green Beans Potato Salad	
7/6/26	7/7/26	7/8/26	7/9/26	7/10/26
Sweet Sour Chicken Grilled Cheese Garlic Egg Noodles Peas and Carrots Baked Butternut Squash	TACO TUESDAY Chicken Taquito Beef Nacho Bowl Spanish Rice Apple Churros / Vegetable Medley	Pizza (Cheese or Meat) Broccoli Noodles and Nuggets Chicken Tenders Vegetable Raman	Sloppy Joes 3 Cheese Lasagna Bake Seasoned Fries Collard Greens / Glazed Carrots Strawberry Parfait	Chicken Fried Rice Turkey Croissant Sandwich Fried Rice Asian Green Beans / Cauliflower Egg Rolls
7/13/26	7/14/26	7/15/26	7/16/26	7/17/26
Chop Suey Turkey Ham and Cheese Yellow Squash Broccoli Cheesy Garlic Bread	TACO TUESDAY Beef Taco Chile Lime Chicken Bowl Spanish Rice / Pinto Beans Mixed Vegetables	Pizza (Cheese or Meat) Broccoli Street Eats Chicken and Waffles Creamy Cole Slaw	Chicken Alfredo Bake Turkey Panini Garlic Bread Green Beans Strawberry Parfait	Chicken Lo Mein Roast Beef Sandwich Asian Green Beans Asian Green Beans Spring Rolls
7/20/26	7/21/26	7/22/26	7/23/26	7/24/26
Beef Mac and Cheese Turkey Ham and Cheese Yellow Squash Broccoli Cheesy Garlic Bread	TACO TUESDAY Chicken Quesadilla Chili Nachos Spanish Rice Mexican Inspired Corn /	Pizza (Cheese or Meat) Broccoli Street Eats Popcorn Chicken Bites Egg Noodles	Cheeseburgers Chicken Enchilada Seasoned Fries Collard Greens / Glazed Carrots Strawberry Parfait	America's Lineup Rotisserie Chicken Turkey Salad Sandwich Baked Beans / Green Beans Mac and Cheese
7/27/26	7/28/26	7/29/26	7/30/26	7/31/26
Beef Ravioli Italian Cold Cut Panini Green Beans Yellow Squash Cheesy Garlic Bread	LAST DAY OF SCHOOL Sloppy Joes Chicken Nuggets French Fries Broccoli/Cole Slaw		SEE YOU NEXT SCHOOL YEAR!	



Metz
CULINARY MANAGEMENT

- Meals Include: Fresh Fruit, Apple Sauce, Garden Salad, 1% or 2% Milk, Low-Fat Yogurt
- Grain products are at least 50% whole grain.
- Turkey Sandwich or Sun butter & Jelly Sandwich can be a daily substitution

**NUTRITIONAL
AND INGREDIENT
INFORMATION**

