



**Metz**  
CULINARY MANAGEMENT

## LUNCH

January 2026

### NATIONAL SOUP MONTH



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
1/5/26	1/6/26	1/7/26	1/8/26	1/9/26
Orange Chicken	Beef Ravioli	Sausage & Pepperoni Pizza / Cheese Pizza	BBQ Chicken Legs	Sloppy Joes
Ham and Cheese Croissant	Tuna Salad Sandwich	<b>National Soup Month</b> Try something new!	Grilled Cheese	Fish Nuggets
Glazed Carrots / Asian Vegetable Blend	Green Beans / Baby Carrots		Baked Beans	Roasted Potatoes
Egg Noodles	Cole Slaw	Turkey and Corn Chowder w/ Crackers	Roasted Cauliflower / Black Eye Peas	Roasted Zucchini
Spring Rolls	Garlic Breadstick	Steamed Broccoli	Potato Salad	Glazed Carrots
1/12/26	1/13/26	1/14/26	1/15/26	1/16/26
Spaghetti	<b>TACO TUESDAY</b>	Sausage & Pepperoni Pizza / Cheese Pizza	Steak and Cheese	<b>MLK CELEBRATION</b>
Turkey Salad Sandwich	Chicken Taquito	<b>National Soup Month</b>	Turkey Enchilada	Boneless Chicken Wings
Steamed Peas /	Sausage and Peppers	Hearty Beef Chili	Roasted Potatoes	Honey Baked Ham
Glazed	Spanish Rice	Honey Butter Cornbread	Apple Glazed Carrots	Mac and Cheese
Glazed Beet Salad	Mixed Vegetables / Pinto Beans	Steamed Broccoli	Amish Pasta Salad	Cabbage Medley / Roasted Sweet Potatoes
1/19/26	1/20/26	1/21/26	1/22/26	1/23/26
SCHOOL CLOSED	Sweet and Sour Chicken	Sausage & Pepperoni Pizza / Cheese Pizza	Cheeseburger	Rotisserie Chicken
	Rice Pilaf	Broccoli	Vegetable Lasagna Bake	BBQ Beef Sandwich
	Green Beans / Baby Carrots	<b>National Soup Month</b>	Seasoned Fries	Mac and Cheese
	<b>National Cheese Lovers Day</b>	Chicken Tortilla Soup	Glazed Carrots	Sweet Potatoes
	3 Cheese Grilled Cheese	Cheese Nacho	Green Beans	Cabbage Medley
1/26/26	1/27/26	1/28/26	1/29/26	1/30/26
PASTA BAR	<b>TACO TUESDAY</b>	Sausage & Pepperoni Pizza / Cheese Pizza	<b>ASAIN BAR</b>	Steak and Cheese
Chicken Alfredo	Beef Taco	<b>National Soup Month</b> Try something new!	Teriyaki Chicken	Turkey Enchilada
Meatball Marinara	Chicken Fajita Bowl		Sesame Beef	Curly Fries
Garlic Romano pasta	Yellow Rice	Broccoli Cheddar Soup w/ Garlic Bread	Vegetable Lo Mein / Egg Roll	Broccoli
Apple Glazed Carrots/ Garlic Bread	Corn / Black Beans	Green Beans	Asian Napa Cabbage	Yellow Squash
		<ul style="list-style-type: none"> <li>Always Available: Fresh Fruit, Apple Sauce, Garden Salad, 2% Milk, Low Fat Yogurt</li> <li>Turkey Sandwich or Sun butter &amp; Jelly Sandwich available as a substitution</li> <li>Grain products are at least 50% whole grain</li> </ul>		
		<b>Nutritional and Ingredient Information</b>		