



Metz
CULINARY MANAGEMENT

BREAKFAST

January 2026



St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
1/5/26	1/6/26	1/7/26	1/8/26	1/9/26
Biscuits	Breakfast Tots	Egg Patties	Cinnamon Bagels	Pancakes
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage Link
Strawberry Oatmeal	Cream of Wheat	Cheese Grits	Maple Cinnamon Oatmeal	Creamy Grits
1/12/26	1/13/26	1/14/26	1/15/26	1/16/26
English Muffins	Potatoes Obrien	Cheese Omelet	Honey Butter Biscuits	French Toast
Turkey Sausage	Pork Sausage	Turkey Bacon	Turkey Sausage	Turkey Sausage
Cream of Wheat	Cream of Wheat	Grits	Cream of Wheat	Cream of Wheat
1/19/26	1/20/26	1/21/26	1/22/26	1/23/26
SCHOOL CLOSED	Croissants	Scrambled Eggs	Waffles	Breakfast Tots
	Turkey Sausage	Turkey Bacon	Turkey Sausage	Pork Sausage
	Grits	Cream of Wheat	Strawberry Oatmeal	Apple Compote
1/26/26	1/27/26	1/28/26	1/29/26	1/30/26
Buttermilk Biscuits	Apple Strudel	Cheese Omelete	Corn Beef Hash	French Toast Sticks
Turkey Sausage	Pork Sausage	Turkey Bacon	Cheese Grits	Pork Sausage Link
Cream of Wheat	Maple Cinnamon Oatmeal	Cheese Grits	Texas Toast	Cream of Wheat

- Grain products are at least 50% whole grain
- Always Available: Fresh Fruit, Apple Sauce, 2% Milk, Low Fat Yogurt

Nutritional
and
Ingredient
Information

