



Metz

CULINARY MANAGEMENT

LUNCH

October 2025



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter

Monday 9/29/25	Tuesday 9/30/25	Wednesday 10/1/25	Thursday 10/2/25	Friday 10/3/25
		Sausage & Pepperoni Pizza / Cheese Pizza	BBQ Chicken Legs	Sloppy Joes
		Broccoli	Ham and Cheese Croissant	Fish Nuggets
		Italian Hoagie	Baked Beans	Roasted Potatoes
		Wondering Wednesday	Roasted Cauliflower / Steamed Peas	Roasted Zucchini
		Try something new! Amish Pasta Salad	Carrot Slaw	Glazed Carrots
10/6/25	10/7/25	10/8/25	10/9/25	10/10/25
Spaghetti	HISPANIC HERITAGE MONTH	Sausage & Pepperoni Pizza / Cheese Pizza	Bourbon St. Chicken	<p>Staff Development</p>
Honey Roasted Turkey Hoagie	Chicken Quesadilla	Wondering Wednesday	Red Beans and Rice	
Steamed Peas	Birria Beef Bowl	Try something new!	Oven Roasted Brussel Sprouts / Carrots	
Roasted Vegetable Medley	Yellow Rice / Apple Churros	BBQ Chicken Flatbread	VEG FEST	
Garlic Knot	Mexican Style Street Corn / Pinto Beans	Steamed Broccoli	Ultimate Veggie Wrap	
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
<p>INDIGENOUS PEOPLES' DAY</p>	TACO TUESDAY	Sausage & Pepperoni Pizza / Cheese Pizza	Steak and Cheese Sub	Rotisserie Chicken
	Beef Tacos	Broccoli	Vegetable Primavera	Turkey Melt
	Creamy Pesto Spinach Tortellini	Soup and Sandwich	Seasoned Fries	Mac and Cheese
	Yellow Rice	Chicken Noodle Soup	Glazed Carrots	Sweet Potatoes
	Mexican Style Street Corn / Black Beans	Grilled Cheese	Green Beans	Cabbage Medley
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
Cheese Ravioli	TACO TUESDAY	Sausage & Pepperoni Pizza / Cheese Pizza	Savory Meatballs	Teriyaki Chicken
Roast Beef Sandwich	Chicken Enchilada	Wondering Wednesday	Chicken Pot Pie w/ Biscuit	Pepper Steak
Glazed Carrots	VEG FEST Vegetable Chili	Try something new!	Cheddar Mashed Potatoes	Vegetable Lo Mein
Roasted Yellow Squash	Yellow Rice	Super Subz Turkey Ham Hoagie	Roasted Vegetables / Lima Beans	Vegetable Egg Roll
Strawberry Parfait	Mexican Style Street Corn / Plantains	Broccoli	Strawberry Salad	VEG FEST: Braised Kale
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
Beef Rotini	Cheeseburger	Sausage & Pepperoni Pizza / Cheese Pizza	Orange Chicken	Halloween Party
Chicken Salad Sandwich	Black Bean Burger	Wondering Wednesday	Hibachi Asian Steak	Steak and Cheese
Green Beans	Roasted Potatoes	Try something new!	Steamed Rice	Baked Chicken Wings
Baby Carrots	Sautéed Squash	Beef Chili	Zucchini	Seasoned Fries / Broccoli
Garlic Bread	Savory Cabbage	Cornbread Muffin	Vegetable Egg Roll	Banana Pudding
<p>All Meals Include: Fresh Fruit, Apple Sauce, Garden Salad, 1% Milk & 2% Milk, Low Fat Yogurt Grain products are at least 50% whole grain Turkey Sandwich or Sun butter & Jelly Sandwich can be a daily substitution</p>			Nutritional and Ingredient Information 	