



Metz

CULINARY MANAGEMENT

LUNCH

AUGUST / SEPTEMBER 2025

St. Coletta of Greater Washington
St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
8/25/25	8/26/25	8/27/25	8/28/25	8/29/25
Beef and Three Cheese Pasta Bake	TACO TUESDAY	Pizza (Cheese or Meat)	Hawaiian Meatballs	BACK TO SCHOOL CARNIVAL
Italian Cold Cut	Chicken Fajitas	Broccoli	Roasted Chicken Tenders	Cheese Steak Hogie
Lemon Garlic Broccoli	Beef Taco Bar	Summer Sandwich	Yukon Gold Mashed Potatoes	Chicken Walking Taco
Italian Roasted Vegetables	Spanish Rice / Pinto Beans	Turkey Provolone Pannini	Green Beans	Nachos and Cheese
Garlic Bread	Mexican Inspired Corn	Creamy Coleslaw	Apples Glazed Carrots	Broccoli / Apple Churo
9/1/25	9/2/25	9/3/25	9/4/25	9/5/25
	Beef Ravioli	Pizza (Cheese or Meat)	Chicken Parmesan Pasta Bake	TAIL GATE PARTY
	Turkey Blt Flatbread Sandwich	BROCCOLI	Italian Sausage Bites and Peppers	Boneless Chicken Bites
	Steamed Broccoli	TRY IT WEDNESDAY	Garlic Butter Egg Noodles	Sloppy Joes
	Yellow Squash	Caprese Tomato Grilled Cheese	Butternut Squash	Seasoned Fries
	Texas Garlic Toast	Italian Pasta Salad	Zucchini	Cole Slaw / Green Beans
9/8/25	9/9/25	9/10/25	9/11/25	9/12/25
Spaghetti	TACO TUESDAY	Pizza (Cheese or Meat)	Meatball Sub	Rotisserie Chicken
Pulled Pork Sandwich	Chicken Taquito	Broccoli	Chicken Broccoli Alfredo	Texas Toast Grilled Cheese
Squash and Apple Bake	Cilantro Lime Rice	Summer Sandwich	Seasoned Fries	Southern Mac and Cheese
Broccoli	Cilantro Lime Rice / Pinto Bean	Chicken Waffle Sandwich	Green Beans	Green Beans/Baked Beans
Parmesan Breadsticks	Vegetable Blend	Carrot Slaw	Roasted Squash	Carrot Salad
9/15/25	9/16/25	9/17/25	9/18/25	9/19/25
Chicken Lo Mein	Salisbury Steak	Pizza (Cheese or Meat)	Chicken Quesadilla	Grilled Chicken & Fettucine Alfredo
Turkey Ham and Cheese	Tilapia	Broccoli	Pork Carnitas	Tuna Sandwich
Yellow Squash	Mashed Potatoes	Soup and Sandwich Wednesday	Yellow Rice	Steamed Peas
Broccoli	Lima Bean	Turkey Chili	Mexican Style Street Corn	Tuna Melt
Vegetable Egg Roll	Glazed Carrots	Cornbread	Pinto Beans	Garlic Bread
9/22/25	9/23/25	9/24/25	9/25/25	9/26/25
Beef Ravioli Marinara	Sloppy Joes	Pizza (Cheese or Meat)	Three Cheese Baked Ziti	Meatballs
Chicken Cheesesteak	Bean and Cheese Burrito	Steamed Broccoli	Roast Beef & Provolone	Southwest BBQ Chicken Quesadilla
Parmesan Breadstick	Apple Glazed Carrots	Try It Wednesday	Grilled Asparagus	Mashed Potatoes
Sautéed Green Beans	Seasoned Waffle Fries	Pulled Chicken Sandwich	Sautéed Squash	Green Beans
Baked Butternut Squash	Sautéed Spinach	Amish Macaroni Salad	Texas Garlic Toast	Charleston Hoppin' John
9/29/25	9/30/25			
Sweet and Sour Chicken	TACO TUESDAY			
Italian Sausage & Peppers	Soft & Hard Beef Tacos			
Vegetable Fried Rice	Black Beans Nachos			
Sauteed Green Beans / Butternut Squash	Spanish Rice			
Egg Rolls	Roasted Corn Salsa / Pico De Gallo			
All Meals Include: Fresh Fruit, Apple Sauce, Garden Salad, 1% Milk & 2% Milk, Low Fat Yogurt				
Grain products are at least 50% whole grain				
Turkey Sandwich or Sun butter & Jelly Sandwich can be a daily substitution				