



# Metz

CULINARY MANAGEMENT

## BREAKFAST

MAY 2025



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter

Monday	Tuesday	Wednesday	Thursday	Friday
4/28/25	4/29/25	4/30/25	5/1/25	5/2/25
Buttermilk Pancakes	Tater Tots	Scrambled Eggs	Pork Sausage Patty	Homestyle Waffle
Pork Sausage Link	Turkey Sausage Patty	Turkey Bacon	Fried Egg & Cheese on English Muffin	Oatmeal
Cream of Wheat	Cream of Wheat	Fried Egg & Cheese on English Muffin	Creamy Grits	Roasted Green Apples
		Cheese Grits	Loaded Breakfast Tater Tots	
5/5/25	5/6/25	5/7/25	5/8/25	5/9/25
Buttermilk Biscuits	French Toast Sticks	Scrambled Eggs	Corned Beef Hash	Buttermilk Pancakes
Turkey Sausage Patty	Pork Sausage Patty	Turkey Bacon	Texas Toast	Pork Sausage Link
Cream of Wheat	Maple Cinnamon Raisin Oatmeal	Cheese Grits	Crispy Bacon	Three Egg & Cheese Omelette
Apple Pancake Muffin	Veggie Omelette	Loaded Breakfast Tater Tots	Cheese Grits	
5/12/25	5/13/25	5/14/25	5/15/25	5/16/25
Buttermilk Biscuits	Buttermilk Pancakes	Scrambled Eggs	Fried Egg & Cheese on English Muffin	Tater Tots
Turkey Sausage Patty	Pork Sausage Link	Turkey Bacon	Turkey Sausage Patty	Turkey Sausage Patty
Cream of Wheat	Apple Cinnamon Baked Oatmeal	Cheese Grits	Cream of Wheat	Cream of Wheat
		Loaded Breakfast Tater Tots		
5/19/25	5/20/25	5/21/25	5/22/25	5/23/25
Buttermilk Pancakes	Tater Tots	Scrambled Eggs	Corned Beef Hash	Homestyle Waffle
Pork Sausage Link	Turkey Sausage Patty	Turkey Bacon	Texas Toast	Oatmeal
Apple Cinnamon Baked Oatmeal	Cream of Wheat	Fried Egg & Cheese on English Muffin	Crispy Bacon	Roasted Green Apples
		Cheese Grits	Cheese Grits	
5/26/25	5/27/25	5/28/25	5/29/25	5/30/25
Buttermilk Biscuits	Wheat Berry Bread	Scrambled Eggs	Scrambled Egg & Sausage Croissant	Buttermilk Pancakes
Turkey Sausage	Oatmeal	Turkey Bacon	Pork Sausage Patty	Pork Sausage Patty
Creamy Grits	Pork Sausage Patty	Creamy Grits	Cream of Wheat	Oatmeal
Country Gravy	Crispy Bacon	Egg, Sausage & Cheese Croissant	Loaded Breakfast Tater Tots	Apple Compote
<b>All meals include:</b>			<b>Nutrition and Ingredient Info:</b>	
Fresh fruit, apple sauce			<a href="https://www.nutritics.com/menu/ma2046">https://www.nutritics.com/menu/ma2046</a>	
1% or 2% milk, low fat yogurt				
Grain products are at least 50% whole grain.				

