



Metz

CULINARY MANAGEMENT

BREAKFAST

NOVEMBER 2024



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter School

Monday 10/28/24	Tuesday 10/29/24	Wednesday 10/30/24	Thursday 10/31/24	Friday 11/1/24	
				French Toast	
				Turkey Sausage	
				Apple Compote	
				Strawberry Binna Smoothie	
11/4/24	11/5/24	11/6/24	11/7/24	11/8/24	
Buttermilk Biscuit	NO SCHOOL	English Muffin	Scrambled Eggs	Waffles	
Pork Sausage Patty		Turkey Bacon	Pork Sausage	Pork Sausage Patty	
Apple Cinnamon Oatmeal		Ham Egg Cheese Omelet	Breakfast Potatoes	Oatmeal	
Country Gravy		ELECTION DAY	Cream of Wheat	Creamy Grits	Loaded Breakfast Totchos
		ELECTION DAY			
11/11/24	11/12/24	11/13/24	11/14/24	11/15/24	
NO SCHOOL	French Toast Sticks	Scrambled Eggs	Hash Browns	Pancakes	
	Turkey Bacon	Pork Sausage	Turkey Sausage	Pork Sausage Link	
	Maple Cinnamon Raisin Oatmeal	Egg and Cheese on Croissant	Cream of Wheat	Creamy Grits	
	Veggie Omelet	Cheese Grits	Crispy Bacon	Three Cheese Omelet	
11/18/24	11/19/24	11/20/24	11/21/24	11/22/24	
Croissant	Hash Browns	Hash Browns	Scrambled Eggs	Belgian Waffles	
Turkey Sausage	Pork Sausage	Turkey Bacon	Pork Sausage	Turkey Sausage	
Creamy Grits	Apple Baked Cinnamon Oatmeal	Cheesy Grits	Cream of Wheat	Strawberry Compote	
Egg and Cheese Croissant	Crispy Bacon	Egg and Cheese Omelet	Loaded Totchos	Oatmeal	
11/25/24	11/26/24	11/27/24	11/28/24	11/29/24	
Pancakes	Egg and Cheese Croissants	NO SCHOOL		NO SCHOOL	
Pork Sausage	Turkey Sausage				
Cream of Wheat	Creamy Grits				
Three Cheese Omelet	Croissant Egg and Cheese				
	All Meals Include: Fresh Fruit 1% Milk & 2% Milk, Low Fat Yogurt			NUTRITIONAL INFO 	
	Grain products are at least 50% whole grain				