



Metz
CULINARY MANAGEMENT



St. Coletta of Greater Washington

Monday	Tuesday	Wednesday	Thursday	Friday
	10/1/24	10/2/24	10/3/24	10/4/24
	TRY IT TUESDAY	Pizza	Apple Cranberry Glazed Turkey	NATIONAL TACO DAY
	Honey Roasted Chicken Thighs	Cheese or Meat	Cornbread Stuffing	Beef Hard or Soft Taco
	Yukon Gold Mashed Potatoes	Squash and Apple Bake	Roasted Cauliflower	Spanish Rice
	Oven Roasted Brussel Sprouts	Garden Vegetable Soup	Steamed Peas	Roasted Corn Salsa
	Roasted Veggie Wrap	Grilled Cheese	Ham and Cheese Calzone	Super Chicken and Cheese Sub
10/7/24	10/8/24	10/9/24	10/10/24	10/11/24
PASTA BAR	TRY IT TUESDAY	Pizza	Apple BBQ Pulled Pork	NO SCHOOL
Chicken Alfredo	Salisbury Steak	Cheese or Meat	Vegetarian Baked Beans	
Beef Pasta Bolognese	Scalloped Potatoes	Steamed Broccoli	Apple Glazed Baby Carrots	
Roasted Vegetables	Mixed Vegetables	Chili Con Carne	Creamed Spinach	
Garlic Bread				
Tuna Melt	Chicken Cheesesteak	Grilled Cheese	Ultimate Veggie Wrap	
10/14/24	10/15/24	10/16/24	10/17/24	10/18/24
NO SCHOOL	TRY IT TUESDAY	Pizza	NATIONAL PASTA DAY	Rotisserie Chicken Thighs
	Chicken Shepards Pie	Cheese or Meat	Meatballs Marinara	Mac and Cheese
	Steamed Green Beans	Roasted Broccoli	Penne Pasta	Savory Cabbage
	Sweet Corn	Beef Stew	Spaghetti	Vegetable Medley
			Broccoli w/ Cheese	
	Meatball Sub	Grilled Cheese	Garlic Bread	BLT (Bacon Lettuce Tomato)
10/21/24	10/22/24	10/23/24	10/24/24	10/25/24
Sloppy Joes	TRY IT TUESDAY	Pizza	Chicken Pot Pie	Glazed Ham
Oven Roasted Ranch Potatoes	Sweet and Sour Chicken	Cheese or Meat	Wild Rice	Mashed Sweet Potatoes
Peas and Carrots	Fried Rice	Yellow Squash	Italian Vegetable Medley	Green Bean Casserole
Baked Beans	Asian Green Beans	White Chicken Chili	Steamed Cauliflower	Roasted Green Apples
Seasoned French Fries	Meatloaf Melt	Cornbread	Philly Cheese Steak Roll	Pulled Chicken Sandwich
10/28/24	10/29/24	10/30/24	10/31/24	
Baked Beef Lasagna	TRY IT TUESDAY	Pizza	Halloween Party	
Stewed Squash	Chicken Taquitos	Cheese or Meat	Cheeseburger	
Seasoned Broccoli	Cilantro Lime Rice	Roasted Yellow Squash	"Bat Wings"	
Cheese Toast	Black Beans	Tomato Basil Soup	Vegetable Medley	
	Corn Medley		Waffle Fries	
Chicken Patty Sandwich	Meatball Stromboli	Grilled Cheese	Boo-Berry Parfaits/Baked Apples with Marshmallows	