



Metz

CULINARY MANAGEMENT

LUNCH



St. Coletta of Greater Washington
St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday	
4/29/24	4/30/24	5/1/24	5/2/24	5/3/24	
		Pizza (Cheese 🌱 or Meat)	Steak and Cheese	BBQ Meatballs	
		Turkey Croissant	Cheese Ravioli 🌱	Grilled Cheese 🌱	
		Broccoli 🌱 🌱	Seasoned Fries 🌱 🌱	Cheddar Mash Potatoes 🌱	
		Roasted Vegetables 🌱 🌱	Squash 🌱 🌱	Green Beans 🌱 🌱	
		Cole Slaw 🌱	Mixed Greens 🌱 🌱	Carrots 🌱 🌱	
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24	
Chicken Alfredo	Beef Taco	Pizza (Cheese 🌱 or Meat)	Beef Ravioli	Sloppy Joes	
Roast Beef Sandwich	BBQ Riblet	Italian Turkey Melt	Cheesy Chicken Flatbread Sandwich	Black Bean Enchilada 🌱	
Green Beans 🌱 🌱	Spanish Rice 🌱 🌱	Broccoli 🌱 🌱	Garlic Bread 🌱	Glazed Carrots 🌱 🌱	
Peas and Carrots 🌱 🌱	Mixed Vegetables 🌱 🌱	Yellow Squash 🌱 🌱	Green Beans 🌱 🌱	Seasoned Fries 🌱 🌱	
Garlic Pasta 🌱	Baked Beans 🌱 🌱	Strawberry Salad 🌱	Butternut Squash 🌱 🌱	Squash 🌱 🌱	
5/13/24	5/14/24	5/15/24	5/16/24	5/17/24	
3 Cheese Baked Ziti 🌱	Chicken Quesadilla	Pizza (Cheese 🌱 or Meat)	Cheeseburger	Teriyaki Chicken	
Ham and Cheese Croissant	Tilapia	Pulled Chicken Sandwich	Creamy Vegetable Rotini 🌱	Grilled Cheese 🌱	
Cheesy Garlic Bread 🌱	Cilantro Lime Rice 🌱 🌱	Broccoli 🌱 🌱	Tator Tots 🌱 🌱	Vegetable Fried Rice 🌱	
Green Beans 🌱 🌱	Peas and Carrots 🌱 🌱	Yellow Squash 🌱 🌱	Spinach 🌱 🌱	Green Beans 🌱 🌱	
🌱 🌱	Plantains 🌱 🌱	Cole Slaw 🌱	Glazed Carrots 🌱 🌱	Cabbage Medley 🌱 🌱	
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24	
Beef Mac and Cheese	Turkey Taco	Pizza (Cheese 🌱 or Meat)	BBQ Chicken	Spaghetti w Meat Sauce (Beef)	
Roast Turkey Hoagie	Sausage and Chicken Jambalaya	Chili w/ Cornbread	Grilled Cheese	Honey Roasted Turkey Salad Sandwich	
Glazed Carrots 🌱 🌱	Rice Pilaf 🌱 🌱	Broccoli 🌱 🌱	Sweet Potatoes 🌱 🌱	Garlic Bread 🌱 🌱	
Mixed Greens 🌱 🌱	Green Beans 🌱 🌱	Yellow Squash 🌱 🌱	Mixed Greens 🌱 🌱	Vegetable Medley 🌱 🌱	
Roll 🌱	Chickpeas 🌱 🌱	Carrot Salad 🌱	Mac and Cheese 🌱	Squash 🌱 🌱	
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24	
NO SCHOOL	Sweet and Sour Chicken	Pizza (Cheese 🌱 or Meat)	Chicken Cheesesteak	Salisbury Steak	
<p>MEMORIAL DAY REMEMBER AND HONOR</p>	Pulled Pork Sandwich	Fajita Chicken Sandwich	Fish Nuggets	Turkey Melt	
	Vegetable Fried Rice 🌱 🌱	Vegetable Fried Rice 🌱 🌱	Broccoli 🌱 🌱	Seasoned Fries 🌱 🌱	Mashed Potatoes 🌱
	Glazed Carrots / Peas 🌱 🌱	Glazed Carrots / Peas 🌱 🌱	Yellow Squash 🌱 🌱	Vegetable Medley 🌱 🌱	Kale 🌱 🌱
	Vegetable Egg Rolls 🌱 🌱	Vegetable Egg Rolls 🌱 🌱	Cole Slaw 🌱	Green Beans 🌱 🌱	Carrots 🌱 🌱
All meals include	Fresh Fruit	Apple Sauce	🌱 🌱 = VEGAN	🌱 = VEGETARIAN	
1% Milk & 2% Milk	Low Fat Yogurt	Garden Salad			
Whole Grain Pasta/ Bread/ Wraps		Turkey Sandwich or Sunbutter & Jelly Sandwich can be a daily substitution			