



Metz *Breakfast*

CULINARY MANAGEMENT



St. Coletta of Greater Washington
St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
4/29/24	4/30/24	5/1/24	5/2/24	5/3/24
		English Muffin	Scrambled Eggs 🌱	Pancakes 🌱
		Cheese Grits 🌱	Pork Sausage	Turkey Sausage
		Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱
		Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
Croissants 🌱	Scrambled Eggs 🌱	Biscuits 🌱	Scrambled Eggs 🌱	French Toast 🌱
Turkey Sausage	Turkey Bacon	Pork Sausage	Turkey Sausage	Pork Sausage
Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱
Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱
5/13/24	5/14/24	5/15/24	5/16/24	5/17/24
Waffles 🌱	Scrambled Eggs 🌱	Cornbeef Hash	Scrambled Eggs 🌱	Pancakes 🌱
Turkey Sausage	Turkey Bacon	Cheese Grits 🌱	Turkey Sausage	Turkey Sausage
Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱
Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24
Croissants 🌱	Scrambled Eggs 🌱	Hash Browns 🌱	Scrambled Eggs 🌱	Pancakes 🌱
Turkey Sausage	Turkey Bacon	Pork Sausage	Turkey Sausage	Pork Sausage
Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱
Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24
NO SCHOOL	Biscuits 🌱	Waffles	Scrambled Eggs 🌱	English Muffin 🌱
	Turkey Sausage	Turkey Bacon 🌱	Pork Sausage	Turkey Sausage
	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱	Assorted Hot/Cold Cereals 🌱
	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱	Fresh Fruit 🌱 🌱



All Meals Include: 2%, 1% and Fat Free Milk Low Fat Yogurt Whole Grain Bread/ Pancakes/ Biscuits/ Waffles/ French Toast/ Muffins

🌱 = VEGETARIAN
🌱 🌱 = VEGAN