



Metz

CULINARY MANAGEMENT

LUNCH



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/24	4/2/24	4/3/24	4/4/24	4/5/24
Meatballs with Marinara	Chicken Taquitos	Pizza (Cheese 🌱 or Meat)	Meatloaf	Cheeseburger
Italian Grilled Chicken	Black Bean Chili Nachos	Roast Beef Flatbread Sandwich	Grilled Cheese 🌱	Chicken Lo Mein
Green Beans / Zucchini Noodles 🌱 🌱	Spanish Rice 🌱 🌱	Broccoli 🌱 🌱	Mashed Potatoes 🌱 🌱	Carrot Fries 🌱 🌱
Garlic Pasta 🌱	Mixed Vegetables 🌱 🌱	Yellow Squash 🌱 🌱	Broccoli 🌱 🌱	Roasted Potatoes 🌱
Cheesy Garlic Bread 🌱	Plantains 🌱 🌱	Cole Slaw 🌱	Squash 🌱 🌱	Squash 🌱 🌱
4/8/24	4/9/24	4/10/24	4/11/24	4/12/24
Chicken Alfredo	Beef Taco	Pizza (Cheese 🌱 or Meat)	Meatball Sub	Bourbon St Chicken
Baked Fish Sandwich	Grilled Salmon	Turkey Italian Hoagie	Turkey Nachos	Grilled Cheese 🌱
Green Beans / Zucchini 🌱 🌱	Cilantro Lime Rice 🌱 🌱	Broccoli 🌱 🌱	Seasoned Fries 🌱	Vegetable Lo Mein 🌱 🌱
Garlic Pasta 🌱 🌱	Mixed Vegetables 🌱 🌱	Yellow Squash 🌱 🌱	Squash 🌱 🌱	Broccoli 🌱 🌱
Roll 🌱	Black Beans 🌱 🌱	Strawberry Fields Salad 🌱		Squash 🌱 🌱
4/15/24	4/16/24	4/17/24	4/18/24	4/19/24
4/22/24	4/23/24	4/24/24	4/25/24	4/26/24
Salisbury Steak	Orange Chicken	Pizza (Cheese 🌱 or Meat)	Steak and Cheese (Beef)	BBQ Chicken
Turkey Sub	Grilled Cheese 🌱	Broccoli 🌱 🌱	Cheese Ravioli 🌱 🌱	Tilapia
Mashed Potatoes 🌱 🌱	Vegetable Fried Rice 🌱 🌱	Yellow Squash 🌱 🌱	Sweet Potato Fries 🌱 🌱	Glazed Carrots 🌱 🌱
Green Beans 🌱 🌱	Green Beans / Asian Vegetables 🌱 🌱	Cucumber Salad 🌱	Vegetable Medley 🌱 🌱	Mixed Greens 🌱 🌱
Chickpeas 🌱 🌱	Vegetable Egg Rolls 🌱 🌱		Squash 🌱 🌱	Mashed Potatoes 🌱
4/29/24	4/30/24	5/1/24	5/2/24	3/29/24
Beef Spaghetti	Chicken Taquitos			
Roast Turkey Hoagie	Beef Chili			
Peas and Carrots 🌱 🌱	Spanish Rice 🌱 🌱			
Spinach 🌱 🌱	Corn Medley 🌱 🌱			
Dinner Roll 🌱	Red Beans 🌱 🌱			
All Meals Include:	2%, 1% and Fat Free Milk	Low Fat Yogurt		🌱 = VEGETARIAN 🌱 🌱 = VEGAN
Garden Salad	Fresh Fruit	Apple Sauce		
Whole Grain Pasta/ Bread/ Wraps			<i>Turkey Sandwich or Sunbutter & Jelly Sandwich can be a daily substitution.</i>	