



# Metz


CULINARY MANAGEMENT

## LUNCH



St. Coletta of Greater Washington

St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
2/26/24	2/27/24	2/28/24	2/29/24	3/1/24
				Sloppy Joe
				Creamy Pesto Vegetable Tortellini 🍴
				Vegetable Medley 🍴 🍴
				Peas 🍴 🍴
				Sweet Potato Fries 🍴 🍴
3/4/24	3/5/24	3/6/24	3/7/24	3/8/24
Beef Spaghetti	Chicken Quesadilla	Pizza (Cheese 🍴 or Meat)	Orange Chicken	Meatball Sub
Tuna Salad Sandwich	Italian Cold Cut Sandwich	Roast Beef Sub	Grilled Cheese 🍴	Turkey Nacho
Green Beans 🍴 🍴	Spanish Rice 🍴 🍴	Broccoli 🍴 🍴	Vegetable Lo Mein 🍴 🍴	Glazed Carrots 🍴 🍴
Zucchini 🍴 🍴	Mixed Vegetables 🍴 🍴	Yellow Squash 🍴 🍴	Asian Vegetables 🍴 🍴	Seasoned Fries 🍴 🍴
Roll 🍴	Black Beans 🍴 🍴	Cole Slaw 🍴	Squash 🍴 🍴	Squash 🍴 🍴
3/11/24	3/12/24	3/13/24	3/14/24	3/15/24
Chicken Lasagna Bake	Beef Taco	Staff Development Day	Pizza (Cheese 🍴 or Meat)	Chicken Fried Rice
Ham and Cheese Croissant	Tilapia		BBQ Chicken Sandwich	Corn Beef Sandwich
Cheesy Garlic Bread 🍴	Cilantro Lime Rice 🍴 🍴		Broccoli 🍴 🍴	Vegetable Egg Roll 🍴
Green Beans 🍴 🍴	Peas and Carrots 🍴 🍴		Yellow Squash 🍴 🍴	Green Beans 🍴 🍴
Spinach 🍴 🍴	Plantains 🍴 🍴		Carrot Slaw 🍴 🍴	Irish Cabbage 🍴 🍴
3/18/24	3/19/24	3/20/24	3/21/24	3/22/24
Beef Mac and Cheese	Orange Chicken	Pizza (Cheese 🍴 or Meat)	Rotisserie Chicken	Steak and Cheese (Beef)
Roast Turkey Hoagie	Tilapia	White Chicken Chili w/ Cornbread	BBQ Pork Riblet	Veggie Quesadilla 🍴
Glazed Carrots 🍴 🍴	Vegetable Fried Rice 🍴 🍴	Broccoli 🍴 🍴	Sweet Potatoes 🍴 🍴	Seasoned Fries 🍴 🍴
Mixed Greens 🍴 🍴	Green Beans 🍴 🍴	Yellow Squash 🍴 🍴	Mixed Greens 🍴 🍴	Vegetable Medley 🍴 🍴
Roll 🍴	Chickpeas 🍴 🍴	Carrot Salad 🍴	Mac and Cheese 🍴	Squash 🍴 🍴
3/25/24	3/26/24	3/27/24	3/28/24	3/29/24
Meatballs Marinara	Chicken Taquitos	Pizza (Cheese 🍴 or Meat)	Cheeseburger	Salisbury Steak
Monterey Grilled Chicken	BBQ Beef Sandwich	Turkey Italian Sub	Vegetable Tortellini 🍴	Grilled Cheese
Peas and Carrots 🍴 🍴	Spanish Rice 🍴 🍴	Broccoli 🍴 🍴	Seasoned Fries 🍴 🍴	Mac and Cheese 🍴
Spinach 🍴 🍴	Corn Medley 🍴 🍴	Yellow Squash 🍴 🍴	Vegetable Medley 🍴 🍴	Green Beans 🍴 🍴
Penne Pasta 🍴	Baked Beans 🍴 🍴	Cole Slaw 🍴	Squash 🍴 🍴	Carrots 🍴 🍴
All Meals Include:	2%, 1% and Fat Free Milk	Low Fat Yogurt		🍴 = VEGETARIAN
Garden Salad	Fresh Fruit	Apple Sauce		🍴 🍴 =VEGAN
Whole Grain Pasta/ Bread/ Wraps				
			Turkey Sandwich or Sunbutter & Jelly Sandwich can be a daily substitution.	