



# Metz

CULINARY MANAGEMENT

## Breakfast



St. Coletta of Greater Washington  
St. Coletta Special Education Public Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2/26/24</b>	<b>2/27/24</b>	<b>2/28/24</b>	<b>2/29/24</b>	<b>3/1/24</b>
				Pancakes 🍴
				Pork Sausage Links
				Assorted Hot/Cold Cereals 🍴
				Fresh Fruit 🍎 🍌
<b>3/4/24</b>	<b>3/5/24</b>	<b>3/6/24</b>	<b>3/7/24</b>	<b>3/8/24</b>
Croissants 🍴	Scrambled Eggs 🍴	Biscuits 🍴	Scrambled Eggs 🍴	French Toast 🍴
Turkey Sausage	Turkey Bacon	Pork Sausage	Turkey Sausage	Pork Sausage
Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴
Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌
<b>3/11/24</b>	<b>3/12/24</b>	<b>3/13/24</b>	<b>3/14/24</b>	<b>3/15/24</b>
Waffles 🍴	Scrambled Eggs 🍴	<b>Staff Development Day</b>	Cornbeef Hash	Western Omelet 🍴
Turkey Sausage	Turkey Bacon		Cheese Grits 🍴	Pork Sausage
Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴		Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴
Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌		Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌
<b>3/18/24</b>	<b>3/19/24</b>	<b>3/20/24</b>	<b>3/21/24</b>	<b>3/22/24</b>
Croissants 🍴	Scrambled Eggs 🍴	Hash Browns 🍴	Scrambled Eggs 🍴	Pancakes 🍴
Turkey Sausage	Turkey Bacon	Pork Sausage	Turkey Sausage	Pork Sausage
Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴
Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌
<b>3/25/24</b>	<b>3/26/24</b>	<b>3/27/24</b>	<b>3/28/24</b>	<b>3/29/24</b>
French Toast 🍴	Scrambled Eggs 🍴	Cornbeef Hash	Scrambled Eggs 🍴	English Muffin 🍴
Turkey Sausage	Turkey Bacon	Cheese Grits 🍴	Pork Sausage	Turkey Sausage
Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴	Assorted Hot/Cold Cereals 🍴
Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌	Fresh Fruit 🍎 🍌
<b>All Meals Include:</b>	<b>2%, 1%, and Fat Free Milk</b>	<b>Low Fat Yogurt</b>		<b>🍴 = VEGETARIAN</b>
	<b>Whole Grain Bread/ Pancakes/ Biscuits/ Waffles/ French Toast/ Muffins</b>			<b>🍌 🍌 = VEGAN</b>