



Metz

CULINARY MANAGEMENT

Monday	Tuesday	Wednesday	Thursday	Friday
			6/1/23	6/2/23
			Chicken Fried Rice	BBQ Meatballs
			Turkey Ham and Cheese	Grilled Cheese
			Glazed Carrots	Mashed Potatoes
			Mixed Vegetables	Green Bean / Squash
			Egg Rolls	Caesar Salad
6/5/23	6/6/23	6/7/23	6/8/23	6/9/23
Chicken Alfredo	TACO TUESDAY	Strawberries & Salad Greens Day	BBQ Chicken	Hamburger
Tuna Salad Sandwich	Beef Taco	Pizza	Grilled Cheese	Fish and Chips
Green Beans	Chili Lime Tilapia	Santa Fe Turkey Chili w/ Cornbread	Peas	Roasted Potatoes
Vegetable Medley	Cilantro Lime Rice	Broccoli / Snap Peas	Glazed Carrots	Green Bean / Coleslaw
Garlic Bread	Corn / Black Beans	Strawberry Fields Salad	Mac and Cheese	Banana Pudding
6/12/23	6/13/23	6/14/23	6/15/23	6/16/23
Spaghetti	TACO TUESDAY	Pizza	Salisbury Steak	Chicken Cheesesteak
Italian Turkey Hoagie	Chicken Quesadilla	Chili Chips and Cheese	Grilled Cheese	Turkey Pasta Salad
Broccoli / Zucchini	Grilled Salmon	Pico De Gallo	Mashed Potatoes	Roasted Potatoes
Cheesy Garlic Bread	Rice Pilaf	Broccoli	Green Beans	Glazed Carrots / Squash
Garden Salad	Corn / Green Beans	Tomato Mozzarella Salad	Peas	Garden Salad
6/19/23	6/20/23	6/21/23	6/22/23	6/23/23
NO SCHOOL	Four Cheese Baked Ziti	Pizza	Orange Chicken	Pork Riblet
	BBQ Beef Sandwich	Turkey Hoagie	Black Bean Nacho	Grilled Cheese
	Garlic Bread	Beet Salad	Rice Pilaf	Baked Beans
	Glazed Carrots	Broccoli	Green Beans / Chick Peas	Glazed Carrots / Squash
	Peas	Vegetable Blend	Vegetable Egg Roll	Cole Slaw
6/26/23	6/27/23	6/28/23	6/29/23	6/30/23
Beef Mac and Cheese	Meatball Sub	Pizza	Boneless Chicken Tenders	Beef Ravioli
Tuna Salad Sandwich	Chicken Pasta Salad w/ Cracker	Ham and Cheese Sandwich	Tilapia	Grilled Cheese
Green Beans	Spinach	Peas and Carrots	Peas	Roasted Potatoes
Squash	Vegetable Medley	Broccoli	Mixed Greens	Glazed Carrots
Garlic Bread	Roasted Potatoes	Cole Slaw	Mac and Cheese	Zucchini
		All Meals Include		
1% Milk / 2% Milk	Fresh Fruit	Low Fat Yogurt	Garden Salad	Apple Sauce
Turkey Sandwich or Sunbutter & Jelly Sandwich can be a daily substitution				