



Metz

CULINARY MANAGEMENT

Monday	Tuesday	Wednesday	Thursday	Friday
				10/1/21 Ham and Cheese Melt Roasted Squash Fruit Cup Milk (Fat Free / 2%) Staff Roast Turkey Salad
10/4/21 Roast Turkey Slider Cole Slaw Yogurt Parfait Milk (Fat Free / 2%) Staff Roast Chicken Salad	10/5/21 Chicken Fried Rice Egg Roll Broccoli Milk (Fat Free / 2%) Staff Chicken Fried Rice Bowl	10/6/21 NO SCHOOL Staff	10/7/21 Salisbury Steak Mashed Potatoes Peas and Carrots Milk (Fat Free / 2%) Staff Tuna Salad	10/8/21 Turkey Pasta Salad Carrot Slaw Sun Chips Milk (Fat Free / 2%) Staff Garden Salad w/ Turkey
10/11/21 NO SCHOOL Staff	10/12/21 Beef Mac And Cheese Green Beans Garlic Bread Milk (Fat Free / 2%) Staff Beef Mac And Cheese	10/13/21 Sunbutter & Jelly Sandwich Carrot Salad Banana Pudding Milk (Fat Free / 2%) Staff Garden Salad w Turkey	10/14/21 Cheese Pizza Broccoli Garden Salad Milk (Fat Free / 2%) Staff Cheese Pizza	10/15/21 Croissant Turkey Sandwich Fruit Parfait Cole Slaw Milk (Fat Free / 2%) Staff Croissant Turkey Sandwich
10/18/21 Ham and Cheese Melt Green Beans Garden Salad Milk (Fat Free / 2%) Staff Chef Salad w Turkey	10/19/21 Beef Taco Spanish Rice Mexican Corn Milk (Fat Free / 2%) Staff Beef Taco Salad	10/20/21 Italian Cold Cut Sun Chips Carrot Salad Milk (Fat Free / 2%) Staff Garden Salad	10/21/21 BBQ Chicken Mac & Cheese Green Beans Milk (Fat Free / 2%) Staff BBQ Chicken Bowl	10/22/21 Sloppy Joe Cole Slaw Seasoned Fries Milk (Fat Free / 2%) Staff Steak and Cheese Sub
10/25/21 Croissant Turkey Sandwich Potato Salad Berry Parfait Milk (Fat Free / 2%) Staff Croissant Turkey Sandwich	10/26/21 Sweet Sour Chicken Fried Rice Broccoli Milk (Fat Free / 2%) Staff Sweet Sour Chicken Bowl	10/27/21 Sunbutter & Jelly Sandwich Cole Slaw Banana Pudding Milk (Fat Free / 2%) Staff Chef Salad	10/28 Cheese Pizza Broccoli Yogurt Parfait Milk (Fat Free / 2%) Staff Cheese Pizza	10/29/21 Spaghetti Green Beans Garlic Roll Milk (Fat Free / 2%) Staff Strawberry Salad

Turkey Sandwich or Sunbutter & Jelly Sandwich can be a daily substitution

