

- Food Resources -
Meal and Grocery Distribution

- **For DC residents and students:** dc.gov/food
- **For Montgomery County, MD residents:** <https://www.montgomerycountymd.gov/covid19/get-help/food.html>
- **For Alexandria City, VA residents:** <https://www.alexandriava.gov/dchs/economic-support/default.aspx?id=115053>

If none of the above apply to you, please contact your local government.