

Date

Subtheme

Start Time: Choose a start time.
End Time: Choose an end time.

Curriculum Area:
*Conceptual Knowledge-
Numeracy*
*Conceptual Knowledge-
Numeracy*

Materials:
Ribbon
Visuals
Tape measures
Recording sheets

Objective(s):

1. Students will identify personal body measurements and clothing sizes.
2. Students will take body measurements and identify own body measurements.
3. Students will determine personal clothing sizes.
4. Students will choose clothing items appropriate to given size requirements.

Introduction:

- review theme *Measurement*.
- "We have been talking about our bodies and our different sizes. Today we are going to talk about finding clothing that matches your body size."
- "We are going to take some different measurements of ourselves and find out what size clothes we should buy."

Body:

- Ask students their favorite spot to go shopping for clothes.
- If appropriate, look up the website. IF NOT go to Gap <https://www.gap.com/>
- Go to mens or womens section and click on any shirt.
- Find the "Size guide" and click on it.
- "So this shows you all the different sizes this store has and the measurements of the bodies that fit these sizes."
- "We are going to practice measuring ourselves. Each person will get a piece of ribbon to measure with and then we will use a tape measure to measure the length of the ribbon afterwards."
- Show students the different visuals that model the parts of the body they will measure today.
- *MODEL for students how to hold the ribbon around the body to get an exact measurement. Assist but do not complete this for them.
 - waist and chest
- Students will use the recording sheets to keep track of their measurements.
- Once they have the measurements, have them go to the size guide and match their numbers to retrieve a size.

Closing:

- Review the importance of wearing/purchasing clothes that fit our bodies.
 - Important to dress professionally when applying for a job.
- "If you're not sure what size you are, what are some things you can do?"
 - look for size guide
 - ask for help from employee if in the store
 - look at other sizes of clothes you wear (not always accurate)
- "Later, we are going to practice taking measurements for shorts and pants."

Accommodations:

Objects
Picture supports
Adapted text
Leveled prompting
Communication system
Differentiated material

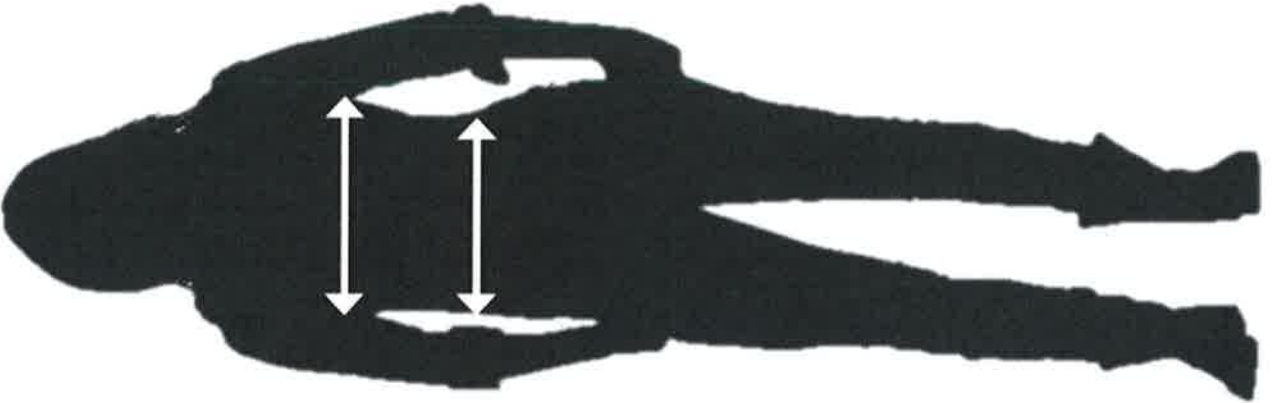
Multiple Intelligences:

<input checked="" type="checkbox"/> Linguistic	<input checked="" type="checkbox"/> Bodily Kinesthetic	<input checked="" type="checkbox"/> Logical-Mathematical
<input checked="" type="checkbox"/> Visual-Spatial	<input type="checkbox"/> Musical	<input checked="" type="checkbox"/> Interpersonal
<input checked="" type="checkbox"/> Intrapersonal	<input type="checkbox"/> Naturalist	

Common Core Standards (<http://www.corestandards.org/read-the-standards/>) :
CCSS.MATH.CONTENT.HSS.MD.B.7

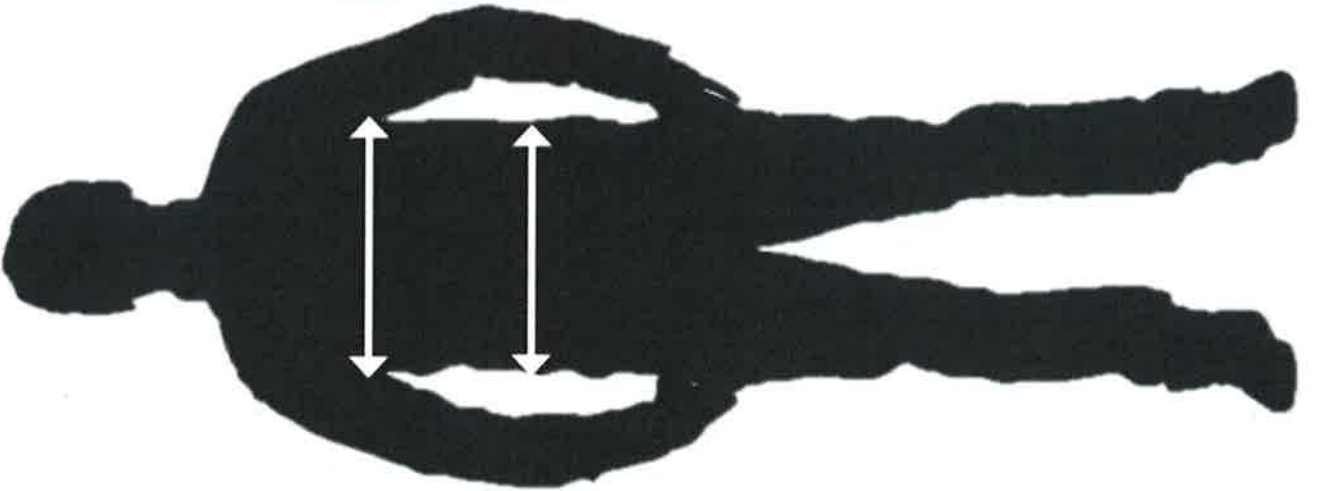
LCCE Competencies (Link to LCCE Competencies):

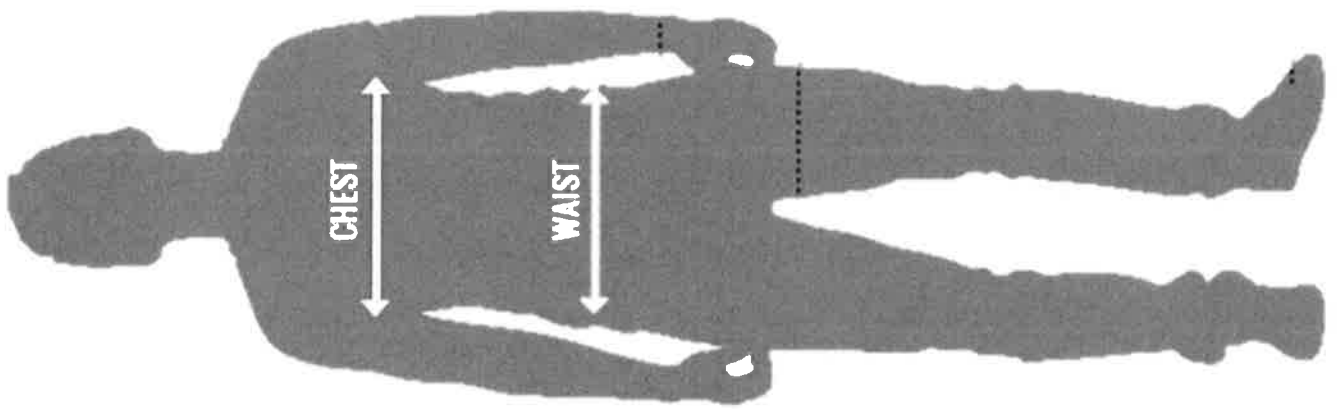
[Link to LCCE Competencies](#)



CHEST

WAIST





new and revised
Ladies Size Chart
 in inches

	XS	S	M	L	XL
Skirt - Short Length	25	25	25	25	25
Skirt - Long Length	39	39	39	39	39
Waist	26	28	30	31	32
Hips	34	36	38	40	41
Chest	34	36	38	40	41
3/4 Sleeve	17 1/2	17 3/4	18	18 1/4	18 1/2
Long Sleeve	23	23 1/2	24	24 1/2	25



WOMEN'S SIZE CHART

UPPER BODY

	00	0	2	4	6	8	10	12	14	16	18
CHEST	31	32	33	34	35	36	37	38	39 1/2	41	42 1/2
WAIST	24	25	26	27	28	29	30	31	32 1/2	34	35 1/2
HIPS	34	35	36	37	38	39	40	41	42 1/2	44	45 1/2
	XXS		XS		S		M		L		XL

PANT

	00	0	2	4	6	8	10	12	14	16	18
WAIST	24	25	26	27	28	29	30	31	32 1/2	34	35 1/2
HIPS	34	35	36	37	38	39	40	41	42 1/2	44	45 1/2
INSEAM	32	32	32	32	32	32	32	32	32	32	32
	XXS		XS		S		M		L		XL

Measurements listed are body measurements. Not garment measurements.

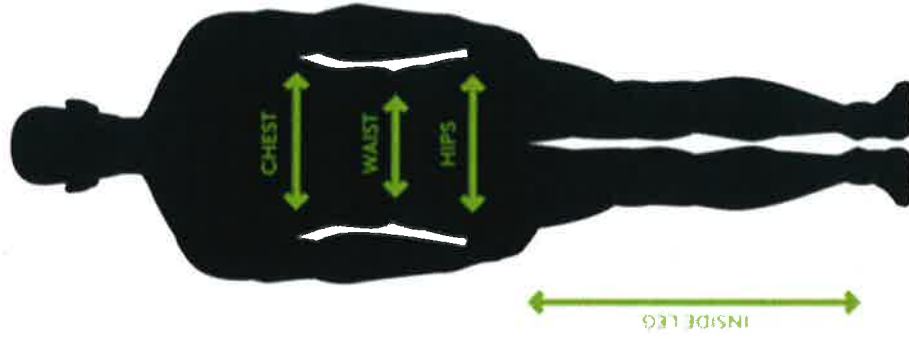
HOW TO MEASURE

CHEST: Measure around the fullest part of your chest, making sure to keep the tape under your arms and around your shoulder blades.

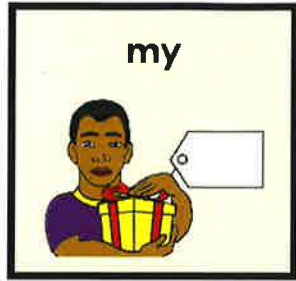
WAIST: Measure around the smallest part of your waist (natural waistline).

HIPS: Stand with your heels together and measure around the fullest part.

INSIDE LEG: Measure from the top of your inner leg along the inside seam to the bottom of your leg.

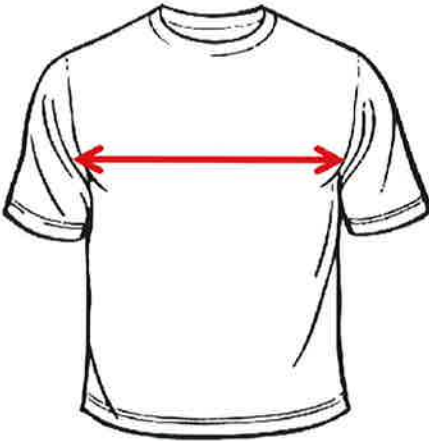


	Chest (in)	Waist (in)	Hips (in)	Inside Leg (in)
XS	36"	29.5	35.5	31
S	38"	31.5	37.5	31.5
M	40"	34	40	32.5
L	42"	35.5	41.5	32.5
XL	44"	37.5	43.5	33
2XL	46"	39.5	45.5	33
3XL	48"	41.5	47.5	33.5

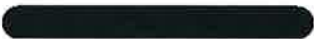
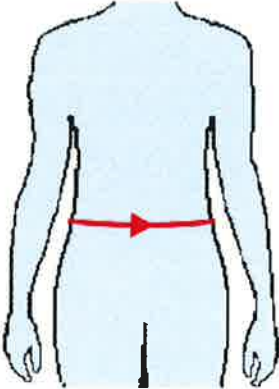


My Measurements

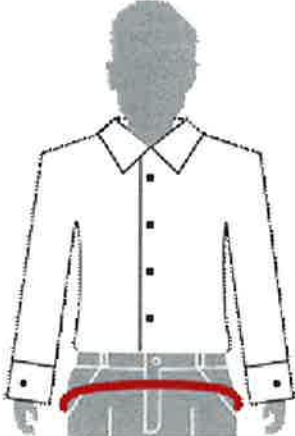
1. chest

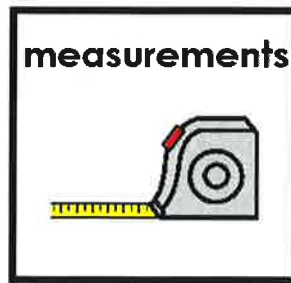


2. waist



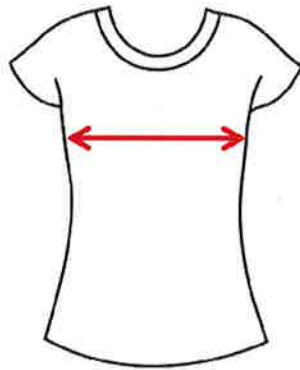
3. hips



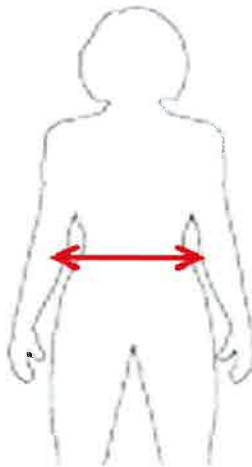


My Measurements

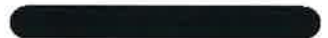
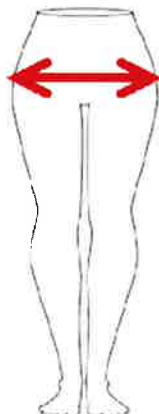
1. chest



2. waist



3. hips



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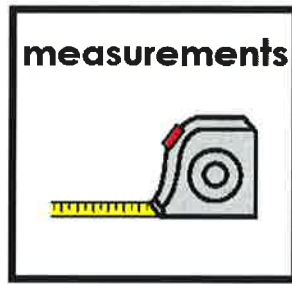
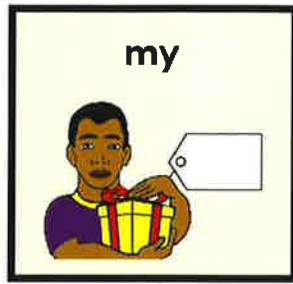
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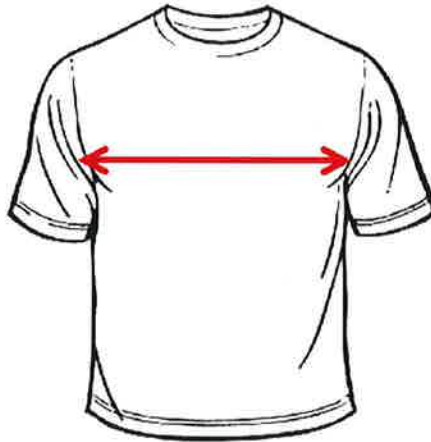
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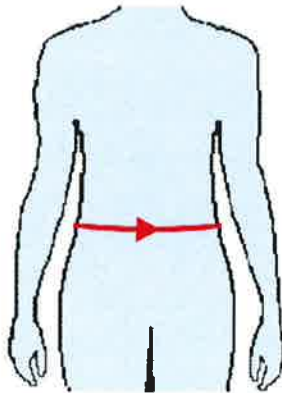


My Measurements

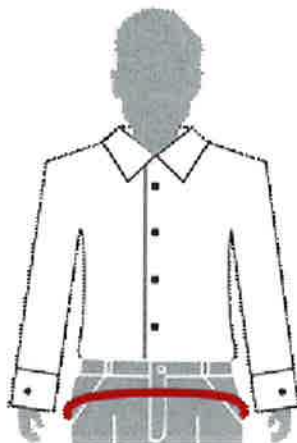
1. chest

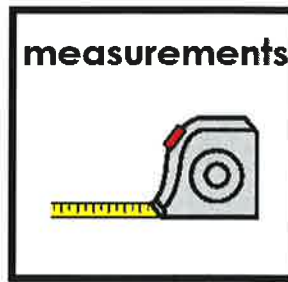


2. waist



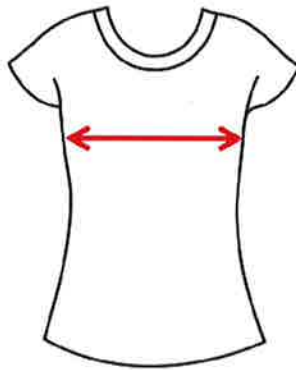
3. hips



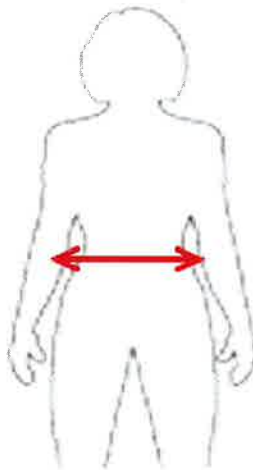


My Measurements

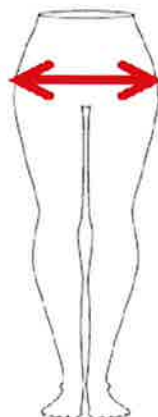
1. chest



2. waist



3. hips



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