

# Date

## Subtheme

**Start Time:** Choose a start time.

**End Time:** Choose an end time.

**Curriculum Area:**

*Conceptual Knowledge-  
Literacy*

Conceptual Knowledge-  
Literacy

**Materials:**

- smoothie ingredients
- switch
- magic bullet
- adapted recipe
- hot / cold objects & visuals (icepack & hot hands)

**Objective(s):**

Students will demonstrate the ability to read and follow an adapted recipe to identify and gather needed ingredients to make a simple healthy snack.

Students will demonstrate the ability to sort ingredients based on their location in the kitchen.

**Introduction:**

- Reference menu planning when students voted on fruit smoothies for their simple healthy snack.
- "Today we will be following a recipe to make our smoothies."
- "What would happen if we didn't follow a recipe?"
- Teacher passes out recipes and reads the ingredients/steps necessary for smoothies with students.

**Body:**

- "Ok so now we know what need and the different steps we need to follow. But I don't see any materials or ingredients! We are going to have to find them."
  - Refrigerators keep our cold food cold. → **have ice pack**
  - Cabinets keep our room temp food fresh and safe from rodents. → **hot hands**
- Assist students with locating necessary ingredients.
- Once all ingredients have been found, follow recipe to make fruit smoothies.

**Closing:**

- Review recipe with students.
- "What did we make today?"
- Review
  - cold → fridge
  - hot → cabinet
- Clean up

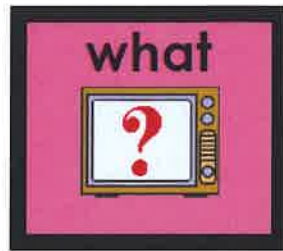
**Accommodations:**

Objects  
Picture supports  
Visual directions  
Leveled prompting  
Communication system  
Differentiated material

**Multiple Intelligences:**LinguisticVisual-SpatialIntrapersonalBodily KinestheticMusicalNaturalistLogical-MathematicalInterpersonal**Common Core Standards (<http://www.corestandards.org/read-the-standards/>) :**[CCSS.ELA-LITERACY.RF.4.4](#)[CCSS.ELA-LITERACY.SL.4.6](#)[CCSS.ELA-LITERACY.L.4.3](#)[CCSS.ELA-LITERACY.L.4.4](#)**LCCE Competencies (Link to LCCE Competencies):**

Link lesson appropriately to LCCE competencies. Click on the link above to view competencies.

What are we going to make?



**Fruit Smoothies**

# Fruit Smoothies



<p>milk</p>	<p>strawberries</p>	<p>bananas</p>	<p>yogurt</p>	<p>spinach</p>	<p>honey</p>
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1. Put fruit in cup.



2. Put in other ingredients.



3. Pour milk in cup.



4. Blend.

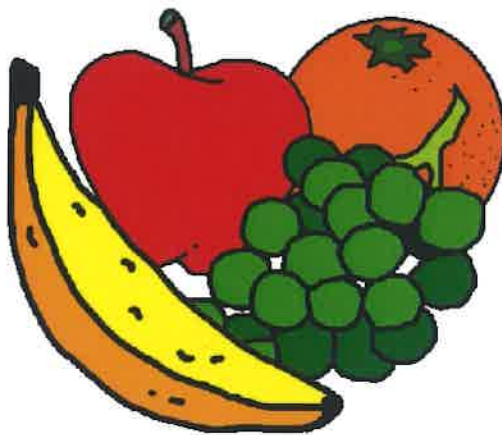


5. Drink.



1.

fruit



2.

milk



3.

drink



# refrigerator



cold





# cabinet



hot



