



# St. Coletta School Lunch Menu AUGUST/SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8/26/19</b> Hearty Beef Penne Pasta or Tuna Salad sandwich	<b>8/27/19</b> Teriyaki chicken or Vegetable Egg Roll	<b>8/28/19</b> Roast Turkey or Ham and Cheese Sub	<b>8/29/19</b> Pizza or Vegetable Lo Mein	<b>8/30/19</b> Pork Riblet or Turkey Cheddar Sandwich
<b>Featured Veggies:</b> Green Beans Glazed Carrots Gallic Bread Choice of Milk or Juice	<b>Featured Veggies:</b> Peas Vegetable Fried Rice Napa Cabbage Choice of Milk or Juice	<b>Featured Veggies:</b> Apple Cranberry Stuffing Broccoli Roasted Squash Choice of Milk or Juice	<b>Featured Veggies:</b> Cauliflower Medley Wax Beans and Carrots Choice of Milk or Juice	<b>Featured Veggies:</b> Baked Beans Collard Greens Potato Salad Choice of Milk or Juice
<b>9/2/19</b> NO SCHOOL 	<b>9/3/19</b> Cheese Ravioli or Grilled Chicken Sandwich	<b>9/4/19</b> Salisbury Steak or Citrus Grilled Tilapia	<b>9/5/19</b> Pizza or Honey Glazed Turkey Cutlet w Roll	<b>9/6/19</b> <b>TAIL GATE PARTY</b> Chicken Wings or Cold Cut Sub
	<b>Featured Veggies:</b> Carnival Cauliflower Green Beans Choice of Milk or Juice	<b>Featured Veggies:</b> Cheddar Mashed Potatoes Peas Napa Cabbage Choice of Milk or Juice	<b>Featured Veggies:</b> Broccoli Medley Roasted Zucchini Choice of Milk or Juice	<b>Featured Veggies:</b> Cole Slaw Mixed Vegetables Baked Sun Chips Choice of Milk or Juice
<b>9/9/19</b> Baked Ziti or Pulled Pork Slider	<b>9/10/19</b> Jambalaya or Baked Cod	<b>9/11/19</b> Sloppy Joe or Black Bean Enchilada	<b>9/12/19</b> Pizza or Shrimp Alfredo	<b>9/13/19</b> Swedish Meatballs or Grilled Cheese
<b>Featured Veggies:</b> Yellow Squash Mixed Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Vegetable Rice Pilaf Green Beans Pinto Beans Choice of Milk or Juice	<b>Featured Veggies:</b> Sweet Potato Fries Carrots WG Roll Choice of Milk or Juice	<b>Featured Veggies:</b> Sautéed Spinach Peas and Carrots Choice of Milk or Juice	<b>Featured Veggies:</b> Broccoli Spinach WG Roll Choice of Milk or Juice
<b>9/16/19</b> Beef Ravioli or Egg Salad Sandwich	<b>9/17/19</b> BBQ Chicken or Ham and Cheddar Wrap	<b>9/18/19</b> <b>National Cheeseburger Day</b> Cheeseburger or Vegetable Burger	<b>9/19/19</b> Pizza or Chicken Fajita	<b>9/20/19</b> Cheesy Chicken Rotini or Roast Beef & Provolone
<b>Featured Veggies:</b> Glazed Carrots Italian Roasted Vegetable WG Roll Choice of Milk or Juice	<b>Featured Veggies:</b> Macaroni & Cheese Kale Roasted Sweet Potatoes Choice of Milk or Juice	<b>Featured Veggies:</b> Seasoned Fries Steamed Broccoli Cauliflower Chef Choice Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Carrot Salad Green Beans Succotash Choice of Milk or Juice	<b>Featured Veggies:</b> Cauliflower Broccoli Beet Salad WG Roll Choice of Milk or Juice
<b>9/23/19</b> Spaghetti and Meat sauce or Turkey And Swiss Sandwich	<b>9/24/19</b> Chicken Taquito or Turkey Soft Taco	<b>9/25/19</b> Roasted Tilapia or Beef Stew w/ Hearty Vegetables	<b>9/26/19</b> Pizza or Grilled Pork Chop w/ Apples	<b>9/27/19</b> Chicken Fried Rice or Ham and Cheese Croissant
<b>Featured Veggies:</b> Cauliflower Broccoli Beet Salad WG Roll Choice of Milk or Juice	<b>Featured Veggies:</b> Spanish Brown Rice Black Beans Mixed Vegetables Choice of Milk or Juice	<b>Featured Veggies:</b> Chef Choice Vegetable Green Beans Mashed Potatoes Choice of Milk or Juice	<b>Featured Veggies:</b> Carrot Salad Broccoli Succotash Choice of Milk or Juice	<b>Featured Veggies:</b> Snow Peas Asian Cabbage Cole Slaw Choice of Milk or Juice