



St. Coletta School Lunch Menu JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1/3/19 Pizza or Roasted Tilapia w/ WG Roll	1/4/19 National Spaghetti Day Spaghetti & Meat sauce or Grilled Cheese
			Featured Veggies: Broccoli Medley Mixed Vegetables White Bean Medley Choice of Milk or Juice	Featured Veggies: Green Beans Glazed Carrots Choice of Milk or Juice
1/7/19	1/8/19	1/9/19	1/10/19	1/11/19
Chicken Alfredo or Egg Salad Slider	Sloppy Joe or Red Pepper Primavera	Bourbon St Chicken or Sausage And Peppers	Pizza or Turkey Pot Pie	Lasagna or Pulled Chicken Sandwich
Featured Veggies: Garlic Bread Peas Roasted Squash Choice of Milk or Juice	Featured Veggies: Tator Tots Mixed Vegetables Carrot Fries Choice of Milk or Juice	Featured Veggies: Rice Pilaf Okra and Tomatoes Savory Cabbage Choice of Milk or Juice	Featured Veggies: Broccoli Medley Chef Choice Vegetable Choice of Milk or Juice	Featured Veggies: Green Beans Chef Choice Cole Slaw Choice of Milk or Juice
1/14/19	1/15/19	1/16/19	1/17/19	1/18/19
Beef Stew or Tuna Sandwich	Rotisserie Chicken or Ham and Cheese Sub	Beef Taco or Chicken Taquito	Pizza or Turkey Chili w/ Cornbread	Roast Turkey or Glazed Ham
Featured Veggies: Butternut Squash Roasted Vegetable Medley Garlic Mash Potatoes Choice of Milk or Juice	Featured Veggies: Scalloped Potatoes Kale and Lentils Roasted Squash Choice of Milk or Juice	Featured Veggies: Spanish Rice Pinto Beans Santé Fe Corn Choice of Milk or Juice	Featured Veggies: Chef Choice Vegetables Cauliflower Medley Choice of Milk or Juice	Featured Veggies: Cornbread Stuffing Chef Choice Vegetable Chopped Kale Choice of Milk or Juice
1/21/19	1/22/19	1/23/19	1/24/19	1/25/19
NO SCHOOL MLK HOLIDAY	Swedish Meatballs or Smoked Turkey Sub	BBQ Chicken or Rosemary Lemon Cod	Pizza or Vegetable Lo Mein	Meatloaf or Toasted Cheese Sandwich
	Featured Veggies: Egg Noodles Mixed Vegetables Garlic Bread Choice of Milk or Juice	Featured Veggies: Rice Pilaf Lima Beans Baby Carrots Choice of Milk or Juice	Featured Veggies: Broccoli Medley Chef Choice Vegetable Choice of Milk or Juice	Featured Veggies: Green Beans Cabbage Medley Macaroni & Cheese Choice of Milk or Juice
1/28/19	1/29/19	1/30/19	1/31/19	2/1/19
Salisbury Steak or Pulled Pork Sandwich	Three Cheese Baked Ziti or Tilapia	Sweet and Sour Chicken or Beef and Bean Burrito	Pizza or Savory Turkey Cutlet w/ WG Roll	Super Bowl Party Party Wing Bar or Turkey Burger Sliders
Featured Veggies: Garlic Mash Potatoes Roasted Squash WG Roll Choice of Milk or Juice	Featured Veggies: Green Beans Carrot Fries Cole Slaw Choice of Milk or Juice	Featured Veggies: Vegetable Fried Rice Snow Peas Stir Fry Vegetables Choice of Milk or Juice	Featured Veggies: Broccoli Medley Chef Choice Vegetable Choice of Milk or Juice	Featured Veggies: Green Beans Seasoned Fries Cole Slaw Choice of Milk or Juice