



# St. Coletta School Lunch Menu NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			11/1/18 Pizza or Turkey Chili w/ Cornbread	11/2/18 Salisbury Steak or Grilled Cheese
			<b>Featured Veggies:</b> Cauliflower Medley Wax Beans and Carrots Choice of Milk or Juice	<b>Featured Veggies:</b> Scalloped Potatoes Spinach Corn Medley Choice of Milk or Juice
11/5/18 Beef Ravioli or Turkey Salad Slider	11/6/18 BBQ Chicken or Black Bean Enchilada	11/7/18 Sloppy Joe or Red Pepper Primavera	11/8/18 Pizza or Grilled Turkey Chop w/ WG Roll	11/9/18 Pork Riblet or Roasted Tilapia
<b>Featured Veggies:</b> Green Beans Yellow Squash Gallic Bread Choice of Milk or Juice	<b>Featured Veggies:</b> Rice Pilaf Lima Beans Cabbage Medley Choice of Milk or Juice	<b>Featured Veggies:</b> Sweet Potatoes Fries Spinach Glazed Baby Carrots Choice of Milk or Juice	<b>Featured Veggies:</b> Broccoli Medley Roasted Zucchini Zoodles Choice of Milk or Juice	<b>Featured Veggies:</b> Baked Beans Kale Cauliflower Au Gratin Choice of Milk or Juice
11/12/18 <b>VETERANS DAY</b>	11/13/18 Baked Ziti or Turkey Melt	11/14/18 Beef Nachos or Chicken Taquitos	11/15/18 Pizza or Shrimp Fried Rice	11/16/18 Meatloaf or Toasted Cheese Sandwich
	<b>Featured Veggies:</b> Carnival Cauliflower Sautéed Spinach Garlic Bread Choice of Milk or Juice	<b>Featured Veggies:</b> Cilantro Lime Rice Black Beans Roasted Fiesta Corn Choice of Milk or Juice	<b>Featured Veggies:</b> Broccoli Peas and Carrots Chef Choice Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Green Beans Garlic Mash Potatoes WG Roll Choice of Milk or Juice
11/19/18 Chicken Alfredo or Pulled Pork Slider	11/20/18 Roast Turkey or Glazed Ham	11/21/18 <b>NO SCHOOL</b>	11/22/18 <b>NO SCHOOL</b>	11/23/18 <b>NO SCHOOL</b>
<b>Featured Veggies:</b> Yellow Squash Mixed Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Cornbread Stuffing Broccoli Roasted Sweet Potato Choice of Milk or Juice			
11/26/18 Cheese Ravioli or Baked Cod	11/27/18 Cheeseburger Slider or Black Bean Burger	11/28/18 Garlic Parmesan Chicken or Italian Sausage and Peppers	11/29/18 Pizza or Tuna Cake	11/30/18 Spaghetti and Meat sauce or Bean and Cheese Burrito
<b>Featured Veggies:</b> Rice Pilaf Green Beans Choice of Milk or Juice	<b>Featured Veggies:</b> Seasoned Fries Steamed Broccoli Cauliflower Chef Choice Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Herbed Egg Noodles Spinach Italian Roasted Vegetable Choice of Milk or Juice	<b>Featured Veggies:</b> Carrot Salad Green Beans Succotash Choice of Milk or Juice	<b>Featured Veggies:</b> Garlic Bread Green Beans Cauliflower Au gratin Choice of Milk or Juice